TRAVEL JOURNAL · SOUTHERN AFRICA

Start here

Thank you for your order! This journal is modular: print the journal once, then a trip kit, day pages and packing lists for every trip. Print as many as you need, for as many trips as you like.

WHAT'S IN EACH FOLDER

1-Travel-Journal	Print once. Your travel record, map, checklists, safety and first aid (20 pages).
2-Trip-Kit-1 to 6	One per trip. The same ten pages with a different cover photo, so pick the one you like.
3-Day-Pages	One sheet per day of travel: plan on the front, journal on the back.
4-Packing-Lists	Caravan and camping, permanently packed, self-catering, documents and day bag.

CHOOSE THE FOLDER FOR YOUR PAPER

A4 MOST HOME PRINTERS

Full-size pages on ordinary A4 paper. The easiest choice.

A5 A5 PAPER OR A PRINT SHOP

The original size. Use it if you have A5 paper or are having it printed.

US Letter USA AND CANADA

For 8.5 × 11 inch paper.

A5 on A4 PRINT AND CUT

Two A5 pages on each A4 sheet. Cut in half for a compact A5 journal (see page 2).

BEFORE YOU START

- Download and unzip everything first, then open the files in a PDF reader such as Adobe Acrobat Reader.
- Print one double-sided sheet as a test before printing a whole file.
- The files are undated, so they never go out of date.

Printing

Step by step

A4, A5 AND US LETTER

1. Open the file and choose **Print**.
2. Set the size to **Actual size** or **100%** (not “Fit” or “Shrink”).
3. Choose **double-sided**, **flip on the long edge**.
4. The wider inner margin is for punching holes, so a ring or disc binder works well.

A5 ON A4: PRINT AND CUT

1. Print the whole file at **Actual size**, **double-sided**, **flip on the long edge** (the normal setting).
2. Keep the sheets in order and cut the whole stack in half across the middle, using the small marks at the sides.
3. Put the **top-half pile on top of the bottom-half pile**. The pages are now in order, ready to punch or bind.
4. Trip kits end with two notes pages, and the day pages file holds 8 days, so the last sheet is never wasted.

PAPER AND BINDING

- 100–120 gsm paper stops ink showing through when you write on both sides.
- Disc binding or a ring binder lets you add trip kits and day pages as you go.

FOR EACH TRIP

- Print a trip kit, enough day sheets for the number of days, and the packing lists.
- Long trip? Print the route plan or meal plan again.

PERSONAL USE

These files are for your own personal use. You're welcome to print as many copies as you need for yourself and your family, but please don't share, sell or upload the files. Thank you for supporting a small South African maker!

Designed in South Africa with the maker's own travel photos.